Albert Ellis Tribute Book Series

"The best years of your life are the ones in which you decide your problems are your own. You do not blame them on your mother, the ecology, or the president. You realize that you control your own destiny." Albert Ellis

*The Albert Ellis Tribute Book Series* honors the life and work of Dr. Albert Ellis, the founder of rational emotive behavioral therapy (REBT) and one of the most influential thinkers of the 20th and early 21st century.

Writing was one of Albert Ellis' great passions. It is fitting that we honor his memory and his enormous contributions through this tribute book series.

Tribute books reflect Al’s diverse interests, writings, and contributions. Throughout his career, he stayed at in the forefront of psychotherapeutic thought. Tribute books do the same.

REBT-oriented tribute series books deliver innovative ideas, new formulations, and advancements in psychotherapy. You’ll currently find books of readings for professionals, psychology self-help books, and books on the application of rational philosophies to clinical practice.

We support this tribute series to help advance Al’s life work by promoting rational thinking and living through reading. We expect this series will help keep his ideas alive and encourage the development and promotion of other great ideas for the psychological betterment of humanity.

Different publishers have different publication plans and strengths. Thus, the tribute series consists of books on diverse topics produced by different publication houses. We believe this diversity enriches the series.

We like the idea that tribute series books sell well. This helps keep Al’s ideas fresh and viable. Beyond a publisher's normal promotional efforts we plan to support tribute books through various channels.

**Albert Ellis Tribute Series Charter Books**

The first 12 books are the charter books. The sky’s the limit, however, as to the numbers of future books for the series. In addition to the charter books, we’ll designate some selected books as *specials to the series* and as *preferred readings*. Some books will be *invited books*, and so designated.
The charter books follow:


Forty interviews with some of the most highly accomplished public figures shed light on the range of this common human affliction. Some of the most experienced and well-known stage and screen personalities suffer from this dread. Berry and Edelstein show how to use REBT to overcome stage fright. A must read for anyone who is serious about overcoming public speaking anxiety. See *Stage Fright*


Divided into three sections (theory, practice, and special issues) this 20-chapter book of readings covers Albert Ellis’ writings from the beginning to the end of his career. Twenty of Al’s friends and valued colleagues introduce Al’s articles with a commentary showing the timeless relevance of his innovative and incisive thinking. *Albert Ellis Revisited* has commentaries by all four former directors of post-graduate REBT training in REBT. This is a first, and not likely to happen again. This book is an obvious must read for anyone interested in the REBT system.


*Critical Thinking Unleashed* shows how to overcome destructive human tendencies and live a meaningful and productive life. Learn to rid yourself of needless turmoil and despair by putting the reasoning skills to work that Elliot Cohen describes for you. A must read for anyone who wants to end needless stress the rational way. See *Critical Thinking Unleashed*


This book is for those who are swirling in a world of worry and who want to break free from recycling endless future fears, most of which will never happen. By pitting rational thinking against worry thinking any reader can learn to substitute legitimate concern for fruitless worry, feel better and live life better. A must read for anyone who suffers from general anxiety, See *The Dutiful Worrier*
Dr. Bill Knaus figuratively shows you how to go to war against depression using cognitive, emotive, and behavioral methods. This book overflows with innovative approaches and insightfulness that Bill is renowned for creating. It has 25 special tips on how to overcome depression from top depression experts. Albert Ellis wrote the forward, and this may be the last one that he wrote. A must read for anyone who wants to use a psychological approach to halt depression in its tracks and stop it from coming back. See *The Cognitive Behavioral Workbook for Depression (Second Edition)*

Learn to rid yourself of phony parasitic anxieties and fears using powerful REBT and CBT therapy methods. Recognize your anxiety triggers, develop skills to stop anxious thoughts before they get out of control, and stop your needless fears from coming back. A must read for those who believe that if they had the tools to overcome their anxieties and fears, they’d use them. See *The Cognitive Behavioral Workbook for Anxiety*

Combat procrastination with a three-pronged cognitive, emotive, and behavioral approach. Go on the offense against procrastination by executing seven powerful principles. Use five phases of change to consolidate and solidify your gains. Get started. Follow through. Finally take charge of your time and your life. A must read for anyone who feels weighted down by many things left undone and burdened from needless delaying. To substitute productivity for procrastination, see *End Procrastination Now*

Don’t get sidetracked from finding a dream job. Learn to get past emotional hurdles, find a career that matches your abilities and interests, use motivational techniques to mobilize yourself, learn proven and innovative job search strategies, and close the deal using the highly effective communication skills that you’ll find in this book. Use rational approaches to keep levelheaded throughout this process. This timeless resource is a must read for any job searcher who seeks work in either a down or an up job market. See *Fearless Job Hunting*
Charter Publishers Receptive to Albert Ellis Tribute Books

The following four charter publishers are receptive to publishing Albert Ellis Tribute Series books. The General Editors endorse them for this series. (We anticipate adding general publishers who are receptive to publishing and promoting REBT oriented books.)

New Harbinger. 5674 Shattuck Avenue Oakland, CA 94609. Phone: 800-748-6273. Email Jess.OBrien@newharbinger.com


Impact Publishers, Inc. P.O. Box 6016 Atascadero, California 93423 – 6016. Phone: (805) 466-5917. Email: info@impactpublishers.com

Prometheus Press 59 John Glenn Drive, Amherst, New York, 14228-2197. For manuscript submissions inquire by email: submissions@impactpublishers.com

Tribute Series Book Proposals

We are not agents or publishers. You work out contracts with publishers. Publishers independently accept or reject tribute series books.

If you publish your new REBT-oriented book with any of the charter publishers, or other publisher, this does not mean that your work will automatically be part of The Albert Ellis Tribute Book Series. The General Editors make that determination. However, we think our endorsement can help a writer match up with charter publishers or other publication houses.

If you have a tribute book idea, or a book that is in process, and you want us to consider it for the series, send your idea to AlbertEllisTributeBooks@gmail.com. We check our email file the first of each month. If you personally know a general editor, contact that person.

We give preferences to those who already have book contracts for rationally-oriented books, and to those who visibly supported Albert Ellis in the last two years of his life. We are interested in proposals for REBT-oriented books, from promising new authors. Based on charter publisher interests, we'll occasionally invite authors to submit a specific proposal, and then designate their work as invited for the series.

For book ideas from new authors that we think fit the spirit of the series and our objectives, a sub-committee of editorial board members may make suggestions. However, this is an all-volunteer effort. Editors contribute based on their interest in your project and the time that they have available.
Working together, we can make a difference.

Albert Ellis Tribute Book Series Editorial Board

The editorial board’s diversity is a tribute to Albert Ellis’ memory and to the value of his contributions. It consists of the four former directors of training in rational emotive behavior therapy, senior fellows in REBT, three former American Psychological Association presidents, founders of major psychotherapy clinics and psychotherapy systems, and high profile people from various academic and professional disciplines that Albert Ellis would consider valued colleagues and friends.

General Editors

Bill Knaus, Ed.D., Former Director of Training, Institute for Advanced Study in Rational Emotive Therapy. Founder of Rational Emotive Education. Author of seminal work on procrastination, and other books.

Jon Carlson, Psy.D., Ed.D., ABPP Distinguished Professor; Governors State University; Proponent of Adlerian psychotherapy. Author.

Elliot D. Cohen, Ph.D., Professor, Indian River State College; Adjunct Professor, Florida State University College of Medicine; Founder, Logic-Based Therapy. Author

Tribute Book Editorial Board

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