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Albert Ellis Institute
45 E. 65th Street
New York, NY
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Attn: Board and Staff

October 26, 2006

I have been an Associate Fellow and Teaching Fellow of the Albert Ellis Institute since the early 1980's. My associations with REBT, the AEI, and Dr. Ellis have been the highlights of my professional life; in turn, I have contributed through REBT publications, presentations, teaching and supervision throughout the past twenty-five or so years.

Over the past year, I have familiarized myself with issues between Dr. Ellis and the Board of the AEI, and I have attempted to promote mediation and conciliation. For example, I have written to all Board members, expressing my concerns and proposing options, and sent numerous emails to the AEI. Regrettably, my efforts have failed.

In my view, the AEI has not dealt kindly with Dr. Ellis. Judge Lehner has written that the Board's actions were "disingenuous". Having repeatedly reviewed and agonized over the information available to me, I agree.

Despite my views, I deferred severing my association with the AEI, while hoping that an acceptable resolution might be achieved.

Today, Dr. Ellis remains in significant physical discomfort; the AEI, its Board, and its staff show him no compassion of which I am aware. Accordingly, I cannot in good conscience remain associated with the AEI any longer.

Therefore, with much forethought and sadness, I hereby sever my association with the AEI. I will continue to practice REBT and to follow the REBT philosophy as explicated by Dr. Ellis. Should AEI behaviours change sufficiently, I will be eager to seek readmission to the AEI.

Sincerely,

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